



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

KICK START

YMCA 1-3 Year Old Activities Club

It's important to give your child lots of opportunities to get physical. Children learn how their bodies work at a very young age. They are constantly burning energy off by running, jumping, climbing, and exploring their world. Let us help your child burn off energy in a safe & effective way.

Building strength and coordination at a young age gives children a physical developmental advantage. Learning to work with others builds social skills. The earlier a child can start learn the correct form for kicking, passing, and exercising, the better chance they will have to develop advanced abilities. Also teaching the joys of exercise and team sports can help them learn habits that will keep them healthier and happier in the future.

AGES:

Boys and girls; ages 1 to 3 years

TIMES:

Tuesdays @ 10am, starting March 3

LOCATION:

Wellness Studio (upstairs @ Main Y)

FEE:

Members - \$30/month

Non-Members - \$50/month



The Hopkins County Family YMCA believes that every child is of promise. Therefore, no one is denied Y services due to inability to pay. Please call 821-YMCA for information on financial assistance.

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IMPORTANT INFO FOR PARENTS

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(please cut off registration form & give top portion to parent)

Kick Start 1-3 Year Old Activities Club

Name _____ Male ___ Female ___ DOB ___/___/___ Age _____

Address _____ City State Zip _____

Phone _____ Parent/Guardian _____ DOB _____

E-Mail _____

Please circle: MEMBER \$30/month NON \$50/month

PARTICIPATION RELEASE

I release the Hopkins County Family YMCA, its staff and volunteers from all claims of injury which may be sustained by above child while participating in any YMCA-sponsored activity, whether caused by the negligence of the YMCA or otherwise. If medical attention is required, I give my permission for such medical care. By signing below, I give the YMCA permission to use photographs or videos of the above named participant in its promotional/educational materials.

Parent/Guardian Signature

Date