

# 24-HOUR ACCESS GUIDELINES

As a Y member with 24-hour access, you may use the Hopkins County Family YMCA Fitness Center at any time. Other areas of the Y will be staffed during advertised hours of operation, but once the Y closes, there will be no Y staff on hand to assist members. After staffed hours of operation, **ONLY** Hopkins County Family YMCA adult members who have signed a 24/7 access waiver and purchased a key fob will have access to the Fitness Center.

## THE Y IS STAFFED DURING THE FOLLOWING DAYS AND TIMES:

Monday & Wednesday	5:30a – 9:00p
Tuesday & Thursday	5:30a – 12:30a
Friday	5:30a – 7:00p
Saturday	8:30a – 5:00 p
Sunday	1:00 p – 5:00 p

\*\*Please refer to the Y's website, [hopkinscountyyymca.com](http://hopkinscountyyymca.com) for special holiday hours.

## AGE REQUIREMENTS

24-hour access to the YMCA's Fitness Center is for Hopkins County Family YMCA Members only, 18 years of age and older. It is not available for Nationwide Membership visiting members. Each adult member wanting 24-hour access is required to have their own key fob and must use it to gain access outside of staffed hours of operation. Key fobs may not be shared with other members (including family). Doing so would be a violation of our guidelines and will result in losing 24-hour access to the YMCA and possible termination of membership.



## KEY FOBs

Adult Y members wanting 24-hour access to the Hopkins County Family YMCA will be required to sign a 24-hour access waiver to receive their personal key fob for entry. The first key fob is free from the primary member using 24-hour access and are available at Member Services during staffed hours of operation. Each additional key fob is \$10 to purchase (for example: if a spouse on the membership also wants to use 24-hour access). 24-hour access includes a \$2.00 monthly fee per unit to be drafted with your monthly membership. If a Y member damages or loses their key fob, they should report that to the Y as soon as possible. A replacement key fob can be purchased for \$10. Your key fob is unique to your membership and will allow access as long as your membership remains current.

To access the Fitness Center, hold the key fob up to the fob reader to the right of the door, you will hear the door activate and see the reader light turn from red to green when the key fob is read. Upon activation, pull on the door to gain access (there is a 5 second time limit). To exit the Y, wave your hand in front of the reader to the left of the door. When you hear the door activate and see the reader light turn from red to green, push on the door to exit (there is a 5 second time limit). Do not exit through the door marked emergency exit only. When entering and exiting the Fitness Center, please ensure the door closes behind you. Do not hold the door for anyone, as they will need to use their key fob for access.

## GUEST POLICY

Guests are welcome to use the Hopkins County Family YMCA facilities, during staffed hours of operation, by paying the appropriate guest fee upon arrival. Guests will not be allowed 24-hour access, as it is for Hopkins County Family YMCA members only. If a Y member provides 24-hour access to a guest, that Y member will lose their 24-hour access privileges and possible termination of membership.

## HONOR CODE

With the addition of 24-hour access to our Fitness Center, the Hopkins County Family YMCA is adopting a strict honor code based on Y values of honesty, respect, caring and responsibility. If a Y member fails to abide by the guidelines established, their 24-hour access and potentially their membership will be revoked with no refunds given. These guidelines are in place for the safety and security of our members and deviations from our values are deemed inappropriate to our mission.



## SAFETY & SECURITY

Please be aware that your key fob is to be used only for your own personal entrance into the facility outside of staffed hours of operation. Members with 24-hour access cannot grant access to other individuals, even if they are Hopkins County Family YMCA members and known to you. This is so the Y can track who is in the building at all times. Granting access to another individual will result in the member losing 24-hour access and possible termination of Y membership.

We highly recommend that you exercise with another member who has 24-hour access, when doing so outside of staffed hours of operation. The YMCA has a 24-hour video recording system for security purposes. It will be reviewed on a daily basis to address any security concerns and monitor who is using our 24-hour facility. Please note that this system does not provide staffing assistance for any emergency that might arise. A telephone is located in the fitness center in case of emergency. In the event of an emergency, dial 911. The Hopkins County Family YMCA address is posted by the telephone and emergency personnel will be able to access the building during non-staffed hours of operation.

For safety purposes, some parking lot lights will remain on after the Y closes. Please park your vehicle in the area of the parking lot that is lit.

Snow removal will not be enforced until staffed hours of operation, possibly later due to certain weather conditions. Members with 24-hour access can utilize the fitness center, but at their own risk from the elements.



### HOPKINS COUNTY FAMILY YMCA

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUR HEALTH ON YOUR TIME!



## HOPKINS COUNTY FAMILY YMCA 24-HOUR FITNESS