



ARMED SERVICES YMCA

The Department of Defense has contracted with the Armed Services YMCA to fund memberships at participating YMCAs throughout the United States and Puerto Rico for the following *Title 10 DoD Military Groups*:

Families of Deployed National Guard and Reserve

Eligibility: Active Duty Title 10 Only (Title 32 personnel not authorized due to funding restrictions)

- Families of Guard/Reserve personnel who are deployed for a minimum of 6 months.
- Deploying Service member eligible for YMCA membership with the family up to three months pre and post deployment.
- Families are eligible for the duration of the deployment, not to exceed 18 months (which includes Service member 3 months pre and post deployment).
- Membership is renewable in six month increments contingent upon use (8 individual days per month).
- Minimum length of membership is six months.
- A copy of deployment orders and a military ID card must be presented when applying for YMCA membership
- Single Service Members Do Not Qualify for this Membership- Spouse and children only.

Relocated Spouse of Deployed Active Duty Personnel

Eligibility: Title 10 Only (Title 32 personnel not authorized due to funding restrictions)

- Must have physically relocated away from the installation during spouse deployment
- Deployment must be for a minimum of six months
- YMCA membership authorized in six month increments for a total of 12 mths contingent upon use (8 individual days/roth)
- A copy of deployment orders and military ID card must be presented when applying for YMCA membership

Active Duty Assigned to Independent Duty Locations

Eligibility: Active Duty Title 10 Only. (Title 32 personnel not authorized due to funding restrictions)

- Authorized only for those commands that have no access to free fitness equipment and are not receiving funding for fitness memberships at any location. Must Contact Military One Source for the Proper Military Approver - All done through E-mail. Each Service has a point of contact that will approve requests {Contact Military One Source for your Military Approver Email Address and Contact Info-Company Commanders are making the request not approving the request}
- Independent Duty commands must fill out one Unit request for all interested command personnel

- Request must be signed by Commanding Officer and sent to Service POC for approval prior to going to the YMCA
- Family members are included in YMCA membership for Independent Duty personnel
- Membership will be authorized in six month increments contingent upon use (8 individual days per month)
- Approved Approval Request Letter and military ID card required to be presented for YMCA membership

Single Service members at approved IDP locations: {See note}

- May opt to join private fitness facility vice the YMCA /Unit Must come to a consensus on private fitness provider
- Limited to a maximum of \$50 per month **Any fee over \$50 will be the responsibility of the Service member*
- Registration fees are the responsibility of Service member
- ASYMCA will negotiate membership fees for a 6 month pre paid contract
- Membership will be authorized in six month increments contingent upon use (8 individual days per month)
- Approval letter and military ID card required for private fitness facility membership
- Contact a Military OneSource consultant for your Service approval information at 1-800-342-9647
- Note: Married Service members have the option to be included in the Private Fitness memberships but family members cannot be included. Family members are only included in the YMCA membership because there is no additional cost. Only Service Members will be covered for the Private Fitness Payment.

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