



WINTER POOL HOURS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am – 3:15pm Open/Lap Swim	7am – 9:15am Open/Lap Swim	7am – 3:15pm Open/Lap Swim	7am – 9:15am Open/Lap Swim	7am – 3:15pm Open/Lap Swim		1pm – 4:45pm Open/Lap One lap lane is available for member use except when the pool is closed for special events or during swim team practice. Due to the weekend crowd, a lane line can only be put in the pool by guards during a pool break. Otherwise, it is the members responsibly.
POOL OPEN 8:30am – 9:15am Water Walking	8:30am – 9:15am Arthritis Aquatics POOL CLOSED	POOL OPEN 8:30am – 9:15 am Water Walking	8:30am – 9:15am Arthritis Aquatics POOL CLOSED	POOL OPEN 8:30am – 9:15 am Water Walking	10am – 4:45pm Open/Lap One lap lane is available for member use except when the pool is closed for special events. Due to the weekend crowd, a lane line can only be put in the pool by guards during a pool break. Otherwise, it is the members responsibly.	
	10am – 3:15pm Open/Lap Swim		10am – 3:15pm Open/Lap Swim			
	3:15pm – 6:15pm Swim Team POOL CLOSED		3:15pm – 6:15pm Swim Team POOL CLOSED			
	6:15pm – 7pm Swim Lessons POOL CLOSED		6:15pm – 7pm Swim Lessons POOL CLOSED			
3:15pm – 6:15pm Swim Team POOL CLOSED		3:15pm – 6:15pm Swim Team POOL CLOSED		3:15pm – 6:15pm Swim Team POOL CLOSED		
6:15pm – 8:45pm Open/Lap	7:00pm – 8:45pm Open/Lap	6:15pm – 8:45pm Open/Lap	7:00pm – 8:45pm Open/Lap	6:15pm – 6:45pm Open/Lap		

Swimsuits are required to get into the pool.

Children under 12 years of age must be accompanied by an adult. Children under 6 must be accompanied in the water, within an arm's distance at all times by an adult 18 years or older, unless the child is involved in a specifically scheduled program offered by the Y.

High School Swim Teams practice Monday-Friday, 3:15-6:15 PM.